



Individual Nutrition Therapy Packages

Foods2Chews Basic Package

\$200

- Comprehensive Assessment
- 1 Follow-up visit
- 2 Telephone or email follow-ups
- 3-day Intake Analysis

Foods2Chews Disease Management Package*

\$300

- Comprehensive Assessment
- 4 weekly Follow-up visits
- 3-day Intake Analysis
- Nutrition tracking (online)

Foods2Chews Total Package

\$400

- Comprehensive Assessment
- 1 Follow-up visit
- 2 Telephone or email follow-ups
- 3-day Intake Analysis
- Personal grocery store tour
- Nutrition tracking (online)

Foods2Chews Continued Support

- 4 Nutrition Follow-up visits \$ 200
- 4 telephone consults \$ 100

* Disease Management package must be used within 6 weeks. Goal is to meet weekly and transition into less frequent education/support sessions. All other packages (including Continued Support) must be used within 8 weeks.

** Continued Support Packages may only be purchased as supplement to Basic, Disease Management, or Total Package.

Additional fees may apply for travel outside of Duval County.